

Health Care Professionals

DIABETES RETINAL EXAM: STATE SPECIFIC 2009 HEDIS RESULTS



Recommending Diabetic Retinal Exams to your patients with CIGNA coverage can lead to early detection and treatment of diabetic retinopathy and can help prevent vision loss.

The 2009 Healthcare Effectiveness Data and Information Set (HEDIS) rates for diabetes retinal exam results indicate that on average only 58% of individuals with diabetes receive documented timely retinal eye exams and show little improvement year to year. Medical records analysis indicates that 76% of patient records have **no** documentation of testing. Ongoing better communications between eye care professionals and primary care physicians may help improve these statistics. Through coordinated efforts, delays in treatment can be prevented and poor health outcomes averted. Diabetes Retinal Exam state specific HEDIS results are listed below:

Health Plan	HEDIS 2008 Results	HEDIS 2009 Results	Annual Change
Connecticut	64.96	64.96	0.00
Delaware	61.62	61.62	0.00
Massachusetts	67.40	73.24	5.84
Maine	74.21	78.59	4.38
New Hampshire	78.35	78.35	0.00
Vermont	73.97	73.97	0.00
Northeast Average	70.09	71.78	1.70
New Jersey	55.47	55.96	.49
New York	53.77	60.83	7.06
Ohio	50.12	54.99	4.87
Pennsylvania	52.07	58.64	6.57
Tri-Mid Average	52.86	57.61	4.75
Florida	44.77	45.01	0.24
Georgia	54.01	54.01	0.00
Maryland	57.91	57.91	0.00
North Carolina	52.07	64.23	12.16
South Carolina	51.09	53.04	1.95
Tennessee	51.58	57.66	6.08
Southeast Average	51.91	55.31	3.41
Arizona	51.58	51.58	0.00
California	48.91	57.42	8.51
Colorado	49.64	51.34	1.70
Illinois	50.12	53.04	2.92
Indiana	47.45	52.07	4.62
Kansas	48.18	49.15	0.97
Missouri	45.74	47.69	1.95
Texas	42.58	45.74	3.16
West Average	48.03	51.00	2.98
	54.50	57.70	3.06

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