

It's easier to take control of your diabetes.

Learn more about your plan's diabetes benefits.



Managing diabetes can be hard, but Cigna HealthcareSM is here to make it easier. Your health plan offers a range of diabetes benefits at no cost to you. And that means you have less to worry about on your journey toward better health.

All Cigna Healthcare plans include:

\$0 for diabetes self-management education.

\$0 for select labs and exams, such as:¹

- A1C test
- Retinal eye exam
- Nephropathy screening

\$0 for covered diabetic supplies on the Cigna Healthcare Prescription Drug List, such as:¹

- Test strips for blood glucose monitors
- Visual reading and urine test strips
- Syringes, needles, and OneTouch testing preparation items including lancing devices and lancets

For plans other than Enhanced Diabetes Care plans:

Reduce costs with our **Patience Assurance ProgramSM** and pay no more than \$25 for a 30-day supply (or \$75 for a 90-day supply) of the insulin and diabetes medications listed below. Also, your deductible doesn't apply to these medications.

Insulins: Basaglar, Humalog, Humalog Mix, Humulin
Non-Insulins: Farxiga, Trulicity, Xigduo XR

If you're not taking a medication on this list, you can call your doctor's office and ask if one of these medications will work for you.

Individual and Family Plans

Cigna Health and Life Insurance Company or its affiliates



Cigna Healthcare Enhanced Diabetes Care plans also include:²

\$0 for preferred insulins and other diabetes medications:

- Humalog Mix, Humulin
- **Non-Insulins:** Farxiga, Trulicity, Xigduo XR

\$0 for diabetic supplies, such as:

- Infusion pump maintenance
- Infusion sets
- Skin preparation supplies

\$0 for diabetes-related equipment:

- Dexcom G6 Receiver and Dexcom G6 Sensor
- Dexcom G6 Transmitter
- Dexcom G7 Receiver and Dexcom G7 Sensor
- FreeStyle Libre IO Day Reader and Libre IO Day Sensor
- FreeStyle Libre I4 Day Reader and FreeStyle Libre I4 Day Sensor
- FreeStyle Libre 2 Reader and FreeStyle Libre 2 Sensor
- OneTouch Ultra2 Glucose Meter
- OneTouch Verio Flex Meter
- OneTouch Verio Reflect Meter

\$0 for additional plan benefits:

- Nutritional Counseling
- Routine Diabetic Foot Care

Learn more.

To find out more about the specific diabetes benefits included with your plan, call: **866.494.2111** Monday – Friday, 8 am – 8 pm (EST).*

Get cost estimates for covered medications and compare brand name and generic equivalent drugs from retail pharmacies near you by using the Price a Medication tool on [myCigna.com](https://mycigna.com).



This information is for educational purposes only and is not an insurance solicitation.

1. If you participate in HSA plan, you'll need to meet your HSA-plan deductible before your cost-share is \$0 for diabetes care benefits.

2. Cigna Enhanced Diabetes Care Plan can help you better manage your condition. This plan includes the benefits of all Cigna plans listed above, and adds even greater savings with no-cost supplies and equipment. Not available in CO.

Notice for North Carolina residents: Your actual expenses for covered services may exceed the stated coinsurance percentage or copayment amount because the actual provider charges may not be used to determine plan and member payment obligations.

*Dial 711 for TTY or TRS service. Language assistance services are provided at no cost to you.

Product availability may vary by location and plan type and is subject to change. All health insurance policies and health benefit plans contain exclusions and limitations. For costs and details of coverage, review your plan documents or contact a Cigna representative.

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