

90-day prescription refills.



Getting your medications is easier with the Cigna 90 Now program.

You have a lot going on. Remembering to pick up your refill each month isn't always easy. But we have a program that can help – it's called **Cigna 90 Now**.

The **Cigna 90 NowSM** program makes it easier for you to fill your maintenance medications. These are the medications you take on a regular basis to treat an ongoing health condition like asthma, diabetes, high blood pressure or high cholesterol. With the Cigna 90 Now program, you have the choice of how and where you want to fill your prescriptions.

You choose the amount – a 30-day or 90-day supply.¹

- **If you choose to fill a 30-day supply**, you can use any retail pharmacy in your plan's network. You have the option of switching to a 90-day supply at any time.
- **If you choose to fill a 90-day (or 3-month) supply**,² you can use select in-network retail pharmacies that are approved to fill 90-day prescriptions. You also have the option to use Express Scripts[®] Pharmacy, our home delivery pharmacy.

You choose the pharmacy – retail or home delivery.

There are thousands of retail pharmacies in your plan's network. They include local pharmacies, grocery stores, retail chains and wholesale warehouse stores – all places where you may already shop. **Every pharmacy in your plan's network can fill 30-day prescriptions, and a select number of pharmacies can fill 90-day prescriptions.** Here are some of the retail pharmacies in your plan's network that can fill a 90-day prescription.³ To see a full list, log into the [myCigna[®] App](#) or [myCigna.com[®]](#), or go to [Cigna.com/Rx90network](#).

- **CVS** (including Target and Navarro)
- **Walmart**
- **Albertson's/Safeway**
- **Publix**
- **Weis Pharmacy**
- **Winn Dixie**



A 90-day supply helps make life easier.

You'll make fewer trips to the pharmacy for refills. And you're more likely to stay healthy because with a 90-day supply on-hand, you're less likely to miss a dose.⁴

Individual and Family Plans

Cigna Health and Life Insurance Company or its affiliates

Consider using Express Scripts® Pharmacy.² They help make things easy by putting everything at your fingertips.

Home delivery is a convenient option when you're taking a medication on a regular basis. With just a few simple clicks of your mobile phone, tablet or computer, your important medications will be on their way to your door (or location of your choice). To learn more, go to [Cigna.com/homedelivery](https://www.cigna.com/homedelivery).

To get started using home delivery, log into the [myCigna App](#) or [myCigna.com](https://www.cigna.com). Click on the Prescriptions tab and select My Medications from the dropdown menu. Then click the button next to your medication name to move your prescription(s) electronically.

The top five reasons to give it a try.

1. **Easily order, manage and track your medications** on your phone or online
2. Standard shipping at **no extra cost**⁵
3. Fill up to a **90-day supply** at one time²
4. **Helpful pharmacists** available 24/7
5. **Automatic refill reminders** so you don't miss a dose



90-Day Fills

Ask your doctor for a 90-day prescription with refills.

Have the office send your prescription electronically to Express Scripts Home Delivery or an approved in-network retail pharmacy.

Get a convenient 90-day (or 3-month) supply of your medication.

30-Day Fills

Ask your doctor for a 30-day prescription.

Have the office send your prescription electronically to any retail pharmacy in your plan's network.

Get your medication.



This information is for educational purposes only and is not an insurance solicitation.

1. Tier 5 medications are limited to a 30-day supply in all states.
2. Some medications aren't available in a 90-day supply and may only be packaged in lesser amounts. For example, three packages of oral contraceptives equal an 84-day supply. Even though it's not a "90-day supply," it's still considered a 90-day prescription.
3. Participating Cigna 90 Now pharmacies as of July 2021. Subject to change.
4. Internal Cigna analysis performed Jan 2019, utilizing 2018 Cigna national book of business average medication adherence (customer adherent > 80% PDC), 90-day supply vs. those who received a 30-day supply taking antidiabetics, RAS antagonist and statins.
5. Standard shipping costs are included as part of your prescription plan.

Health benefit plans vary, but in general to be eligible for coverage a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. Refer to your plan documents for costs and complete details of your plan's prescription drug coverage.

Plans contain exclusions and limitations and are not available in all areas. For costs and details of coverage, review your plan documents.

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