

ZERO IN ON CONTROLLING DIABETES



Cigna has programs and services available to help make it easier and more affordable for you to manage your diabetes. All Cigna health plans offer select diabetic supplies, labs and exams at no extra cost to you. And that means you have less to worry about on your journey towards better health.

All Cigna health plans include:

- \$0 for diabetes management education¹
- \$0 for certain labs and exams, such as:¹
 - A1C test • Retinal eye exam
 - Nephropathy screening
- \$0 for covered diabetic supplies on the [Cigna Prescription Drug List](#), such as:¹
 - Test strips for blood glucose monitors
 - Visual reading and urine test strips
 - Various OneTouch® testing preparation items including lancing devices, lancets and test strips

Cigna Enhanced Diabetes Care plans

If you have a more advanced form of diabetes, **Cigna Enhanced Diabetes Care Plan²** can help you better manage your condition. This plan includes the benefits of all Cigna plans listed above, and adds even greater savings with no-cost supplies and equipment.

- \$0 for preferred insulins and other diabetes medications:
 - Insulins: Basaglar, Humalog, Humalog Mix, Humulin
 - Non-Insulins: Farxiga, Trulicity, Xigduo XR
- \$0 for diabetic supplies, such as:
 - Infusion pump maintenance • Infusion sets
 - Skin preparation supplies

To learn more, or enroll in a Cigna plan, contact:

- \$0 for diabetes-related equipment:
 - Dexcom G6 Receiver and Dexcom G6 Sensor
 - Dexcom G6 Transmitter
 - FreeStyle Libre 10 Day Reader and Libre 10 Day Sensor
 - FreeStyle Libre 14 Day Reader and FreeStyle Libre 14 Day Sensor
 - FreeStyle Libre 2 Reader and FreeStyle Libre 2 Sensor
 - OneTouch Ultra2 Glucose Meter
 - OneTouch Ultramini Meter
 - OneTouch Verio Flex Meter
 - OneTouch Verio IQ Meter
 - OneTouch Verio Meter
 - OneTouch Verio Reflect Meter

- \$0 for additional plan benefits:

- Nutritional Counseling
- Routine Diabetic Foot Care

For plans other than Enhanced Diabetes Care plans

- Reduce costs with our **Patient Assurance ProgramSM** and pay no more than \$25 for a 30-day supply (or \$75 for a 90-day supply) of the insulin and diabetes medications listed below. Also, your deductible doesn't apply to these medications.
 - Insulins: Basaglar, Humalog, Humalog Mix, Humulin
 - Non-Insulins: Farxiga, Trulicity, Xigduo XR

If you're not taking a medication on this list you can call your doctor's office and ask if one of these medications will work for you.

Together, all the way.®



Insured by Cigna Health and Life Insurance Company, Cigna HealthCare of Arizona, Inc., Cigna HealthCare of Georgia, Inc., Cigna HealthCare of Illinois, Inc. or Cigna HealthCare of North Carolina, Inc.

1. If you participate in HSA plan, you'll need to meet your HSA-plan deductible before your cost-share is \$0 for diabetes care benefits. 2. Refer to plan documents for a description of equipment, supplies, select tests and services that are covered through the condition specific plans. Enhanced Diabetes Care plans not available in CO.

Notice for North Carolina residents: Your actual expenses for covered services may exceed the stated coinsurance percentage or copayment amount because the actual provider charges may not be used to determine plan and member payment obligations.

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