

2025 Summary of Benefits

January I, 2025 - December 31, 2025

Cigna TotalCare (HMO D-SNP) H0672-015

No referrals required

Service Area:

Brown, Butler, Champaign, Clark, Clermont, Cuyahoga, Darke, Geauga, Greene, Hamilton, Lake, Lorain, Mahoning, Medina, Miami, Montgomery, Portage, Preble, Shelby, Stark, Summit, Trumbull, and Warren counties, **OH**





Introduction

This Summary of Benefits gives you a summary of what **Cigna TotalCare (HMO D-SNP)** covers and what you pay. It doesn't list every service that we cover or every limitation or exclusion. To get a complete list of services we cover, refer to the plan's *Evidence of Coverage* (EOC) online at **CignaMedicare.com**, or call us to request a copy.

To Join

To join this plan, you must be entitled to Medicare Part A, be enrolled in Medicare Part B and Medicaid, and live in our service area.

Comparing coverage

If you want to compare our plan with other Medicare health plans, ask the other plans for their *Summary of Benefits*. Or use the *Medicare Plan Finder* on **www.medicare.gov**.

More about Original Medicare

If you want to know more about the coverage and costs of Original Medicare, look in your current *Medicare & You* handbook.

View the handbook online at **www.medicare.gov/medicare-and-you**.

Get a copy of the handbook by calling I-800-MEDICARE (I-800-633-4227), 24 hours a day, 7 days a week. TTY users should call I-877-486-2048.

Need help?

Already a customer

Call toll-free **I-800-668-3813 (TTY 711)**. Customer Service is available 8 a.m. to 8 p.m. local time: 7 days a week, October – March; and Monday – Friday, April – September. Our automated phone system may answer your call during weekends, holidays, and after hours.

Not a customer

Call toll-free **I-800-313-0973 (TTY 711)**. Licensed agents are available 8 a.m. to 8 p.m. local time: 7 days a week, October – March; and Monday – Friday, April – September. Our automated phone system may answer your call during weekends, holidays, and after hours.

You can also visit our website at **CignaMedicare.com**.

1 | About This Plan

Who can enroll?

This plan is available to anyone who has Medicare and partial Medical Assistance from the state (Medicaid). Premiums, copays, coinsurance, and deductibles may vary based on the level of Medicaid and *Extra Help* you receive. Contact the plan for further details.

You can enroll in this plan if you are in one of these Medicaid categories:

Specified Low-Income Medicare Beneficiary (SLMB): You do not have full Medicaid benefits as an SLMB. Medicaid pays only your Part B

premium—not any cost-share amounts; however, you may find that some services do not require a customer cost-share.

Qualifying Individual (QI): You do not have full Medicaid benefits as a QI, so Medicaid pays only your Part B premium—not any cost-share amounts; however, you may find that some services do not require a customer cost-share.

Qualified Disabled and Working Individual

(QDWI): As a QDWI, you do not have full Medicaid benefits. Medicaid pays only your Part A premium. While Medicaid does not pay any costshare amounts, you may find that some services do not require a customer cost-share.

If your category of Medicaid eligibility changes, your cost-share may also increase or decrease. You must recertify your Medicaid enrollment to continue to receive your Medicare coverage.

Which doctors, hospitals, and pharmacies can I use?

Cigna TotalCare (HMO D-SNP) has a network of doctors, hospitals, and other providers. If you use providers that are not in our network, the plan may not pay for these services.

You must generally use network pharmacies to fill your prescriptions for covered Part D drugs.

 You can see our plan's Provider and Pharmacy Directory on our website CignaMedicare.com.

What do we cover?

Like all Medicare health plans, we cover everything Original Medicare covers—and more.

- > Our customers get all the benefits covered by Original Medicare.
- > Our customers also get more than what is covered by Original Medicare. Some of the extra benefits are outlined in this *Summary* of *Benefits*.

We cover Part D drugs. In addition, we cover Part B drugs such as chemotherapy and some drugs administered by your provider.

- > You can see the plan's complete Comprehensive Prescription Drug List, which lists the Part D prescription drugs along with any restrictions on our website, **CignaMedicare.com**.
- > Or call us, and we will send you a copy of the plan's Comprehensive Prescription Drug List.

2 | Monthly Premium, Deductible, and Limits

This plan is available to anyone who has Medicare and partial Medical Assistance from the state (Medicaid). Premiums, copays, coinsurance, and deductibles may vary based on the level of Medicaid and *Extra Help* you receive. Contact the plan for further details.

Benefit	Cigna TotalCare (HMO D-SNP)	
Monthly Plan Premium	\$0 per month with SLMB, QI, and QDWI cost-share assistance In addition, you must keep paying your Medicare Part B premium.	
Medical Deductible	This plan does not have a deductible.	
Maximum Out-of-Pocket Amount (does not include	Your yearly out-of-pocket limit(s) in this plan: \$9,350 applies to in-network Medicare-covered benefits	
prescription drugs)	This limit is the most you pay for copays, coinsurance, and other costs for Medicare-covered services for the year. Please note that you may still need to pay your monthly premiums, if any, and cost- sharing for your Part D prescription drugs. In this plan, cost-sharing may vary based on your level of Medicaid eligibility.	

3 | Covered Medical and Hospital Benefits

Benefit	What You Pay
	With SLMB, QI, and QDWI cost-share assistance
Note: Services with a ¹ may require prior authorization. Services with a ² may require a referral from your doctor.	
Inpatient Hospital Coverage ¹	
Except in an emergency, your doctor must tell the plan that you are going to be admitted to the hospital.	For 2024, the amounts for each benefit period are: Days I-60: \$1,632 deductible Days 6I-90: \$408 per day Days 9I-150: \$816 per lifetime reserve day (These amounts may change for 2025)
Outpatient Hospital Services	
Outpatient Hospital ^I	 0% coinsurance for surgical procedures during a colorectal screening 20% coinsurance for all other outpatient services
Outpatient Observation ¹	20% coinsurance
Ambulatory Surgical Center (ASC) Services	
ASC Services ¹	 0% coinsurance for surgical procedures during a colorectal screening 20% coinsurance for all other outpatient services
Doctor Visits	
Primary Care Provider (PCP)	\$0 copay for in-person or telehealth visits
Specialists ¹	\$0 copay for in-person or telehealth visits

Benefit

What You Pay

With SLMB, QI, and QDWI cost-share assistance

Preventive Care

Our plan covers many Medicare-covered preventive services, including:

- > Abdominal aortic aneurysm screening
- > Alcohol misuse screenings and counseling
- > Bone mass measurement
- > Breast cancer screening (mammogram)
- Cardiovascular disease (behavioral therapy)
- > Cardiovascular screenings
- > Cervical and vaginal cancer screening
- Colorectal cancer screening (colonoscopy, fecal occult blood test, multi-target stool DNA tests, screening barium enemas, flexible sigmoidoscopy)
- > Depression screenings
- > Diabetes screenings
- > Diabetes self-management training
- > Glaucoma tests
- > Hepatitis B Virus (HBV) infection screening
- > Hepatitis C screening
- > HIV screening
- Lung cancer screening with low-dose computed tomography (LDCT)
- > Medical nutrition therapy services
- > Obesity screening and counseling
- > Prostate cancer screenings (PSA)
- Sexually transmitted infections screening and counseling
- Smoking and tobacco use cessation counseling (counseling for people with no sign of tobacco-related disease)
- Vaccines, including COVID-19, flu/ influenza shots, hepatitis B shots, and pneumococcal shots
- > Welcome to Medicare preventive visit (one time)
- > Yearly Wellness visit

\$0 copay

Any additional preventive services approved by Medicare during the contract year will be covered. Please see your *EOC* for frequency of covered services.

Benefit	What You Pay
	With SLMB, QI, and QDWI cost-share assistance
Emergency Care	
Emergency Care Services	\$110 copay
	If you are admitted to the hospital within 24 hours for the same condition, you do not have to pay your share of the cost for emergency care.
Worldwide Emergency/Urgent	\$IIO copay
Coverage/Emergency Transportation	Maximum worldwide coverage amount \$50,000
Urgently Needed Services	
Urgent Care Services	\$45 copay
	If you are admitted to the hospital within 24 hours for the same condition, you do not have to pay your share of the cost for urgent care.
Diagnostic Services, Labs & Imaging Costs for these services may vary based on pla	ace of service or type of service.
Diagnostic Procedures & Tests ¹	0% coinsurance for EKG
	20% coinsurance for all other diagnostic procedures and tests
Lab Services ¹	\$0 copay
Genetic Testing ¹	\$50 copay
Diagnostic Radiological Services (MRIs, CT scans, etc.) ¹	0%–20% coinsurance
Therapeutic Radiological Services	20% coinsurance
X-ray Services	\$0 copay
Hearing Services	
Hearing Exams (Medicare-covered)	\$0 copay
Diagnostic hearing and balance evaluations performed by your provider to determine if you need medical treatment are covered as outpatient care when furnished by a physician, audiologist, or other qualified provider.	
Routine Hearing Exams	\$0 copay for I routine hearing exam every year

Benefit	What You Pay
	With SLMB, QI, and QDWI cost-share assistance
Hearing Aid Fitting/Evaluation	\$0 copay for I hearing aid fitting/evaluation every year
Hearing Aids	\$399-\$1,800 copay per device, limited to 2 devices every year. Actual cost-share will depend on hearing aid selected.
	Customers are required to contact the Cigna Healthcare sm hearing vendor to access hearing aid benefits.
Dental Services (Medicare-covered) ¹	
Limited dental services (this does not include services in connection with care, treatment, filling, removal, or replacement of teeth)	\$0 copay
Preventive and Comprehensive Dental Servi	ces
Dental Allowance	\$0 up to allowance amount
Helps pay for most preventive and comprehensive dental services with a Cigna Dental Allowance (DPPO) network provider. Services obtained from providers outside this network are not covered. Benefit does not cover cosmetic services. Provider will bill Cigna Healthcare directly.	
For more information about this benefit, see your Cigna Dental Allowance Guide online at cignamedicare.com/ dental-allowance-2025 , or call Dental Customer Service.	
Maximum Coverage Amount	\$2,300 combined allowance for preventive and comprehensive dental services every year.
Vision Services	
Eye Exams (Medicare-covered)	\$0 copay
A separate physician cost-share may apply if additional services requiring cost-sharing are rendered (e.g., but not limited to, if a medical eye condition is discovered during a preventive routine eye exam). A facility cost- share may apply for procedures performed at an outpatient surgical center.	

Benefit	What You Pay
	With SLMB, QI, and QDWI cost-share assistance
Routine Eye Exam One routine eye exam (including eye refraction) per year. Eye refractions outside of the annual routine eye exam are not covered. Routine eye exams and eyewear services must be obtained from a provider in the Cigna Healthcare vision vendor's	\$0 copay for I routine eye exam every year
network to be covered.	
Glaucoma Screening (Medicare-covered)	\$0 copay
Eyewear (Medicare-covered)	\$0 copay
 Routine Eyewear Eyeglasses (lenses and frames) Eyeglass lenses Eyeglass frames Contact lenses (including contact lenses fitting) 	 \$0 copay up to the plan's maximum coverage amount of \$400 every year The plan-specified allowance may only be applied to I set of eyewear per year. Customers may choose an eyeglass frame/lenses/lens combination or contact lenses (to include related
lens fitting) > Upgrades	professional fees) but not both.
Mental Health Services	
Inpatient ^I Except in an emergency, your doctor must tell the plan that you are going to be admitted to the hospital.	For 2024, the amounts for each benefit period are: Days I-60: \$1,632 deductible Days 6I-90: \$408 per day Days 9I-I50: \$816 per lifetime reserve day (These amounts may change for 2025)
Outpatient Individual or Group Therapy Visit ^ı	\$O copay
Skilled Nursing Facility (SNF) ¹	
Our plan covers up to 100 days per benefit period.	For 2024, the amounts for each benefit period are: Days I-20: \$0 copay per day Days 2I-100: \$204 copay per day (These amounts may change for 2025)
Rehabilitation Services	
Cardiac (Heart) Rehab Services	20% coinsurance
Intensive Cardiac (Heart) Rehab Services ¹	20% coinsurance
Pulmonary Rehab Services	20% coinsurance

Benefit	What You Pay
	With SLMB, QI, and QDWI cost-share assistance
Occupational Therapy Services	\$0 copay
Physical Therapy & Speech/Language Therapy Services	\$0 copay
Physical Therapy & Speech/Language Therapy Telehealth Services	\$0 copay
Ambulance	
Ground Service (one-way trip)	20% coinsurance
Air Service (one-way trip)	20% coinsurance
Transportation ¹	
Routine, non-emergency transportation to and from approved health-related locations such as doctor and dentist appointments. Annual coverage is for one-way trips up to 70 miles. Prior authorization is required for trips exceeding the 70 miles, and mileage restrictions may apply. You must request a ride from the Cigna Healthcare transportation vendor at least 48 hours in advance. See your <i>EOC</i> for full details and restrictions related to this benefit.	\$0 copay for 40 one-way trips every year to plan- approved locations
Medicare Part B Drugs	
Medicare Part B Insulin Drugs	0%–20% coinsurance; up to a \$35 copay
Medicare Part B Chemotherapy/Radiation Drugs ¹	0%–20% coinsurance
Other Medicare Part B Drugs ¹	0%–20% coinsurance
Medicare-covered Part B Drugs may be subject to step therapy requirements.	This plan has Part D prescription drug coverage. See Section 4 in the <i>Summary of Benefits</i> .
Acupuncture Services	
Acupuncture Services (Medicare-covered) ¹ Services for chronic lower back pain.	\$O copay

Chiropractic Care S0 copay Chiropractic Services Medicare-covered)' S0 copay Foot Care (Podiatry Services) S0 copay Podiatry Services (Medicare-covered) S0 copay Soutine Podiatry Services S0 copay per visit for 8 visits every year Phe plan includes routine visits to a licensed podiatrist. See your EOC for details related to this benefit. S0 copay Home Health Care' S0 copay f you're eligible for home health care, covered services include: S0 copay > Part-time or intermittent skilled nursing and home health aide services S0 copay > Physical therapy, and speech therapy S0 copay > Medical equipment and supplies S0 copay Hospice care must be provided by a Medicare-certified hospice program. S0 copay Our plan covers hospice consultation services (one time only) before you select nospice. Hospice is covered outside of our plan. You may have to pay part of the cost or drugs and respite care. Please contact the plan for more details. S0 coinsurance Medical Equipment and Supplies 20% coinsurance Durable Medical Equipment (wheelchairs, sxygen, etc.)' 20% coinsurance	Benefit	What You Pay
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f you're eligible for home health care, covered services include: \$0 copay Part-time or intermittent skilled nursing and home health aide services \$0 copay Physical therapy, occupational therapy, and speech therapy Medical and social services Medical equipment and supplies \$0 copay Hospice \$0 copay Aspice care must be provided by a Medicare-certified hospice program. \$0 copay Dur plan covers hospice consultation services (one time only) before you select rospice. Hospice is covered outside of our olan. You may have to pay part of the cost for drugs and respite care. Please contact the plan for more details. \$0% coinsurance Medical Equipment and Supplies \$0% coinsurance Durable Medical Equipment (wheelchairs, oxygen, etc.)' \$0% coinsurance	Routine Podiatry Services The plan includes routine visits to a licensed podiatrist. See your <i>EOC</i> for details related to this benefit.	\$0 copay per visit for 8 visits every year
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Durable Medical Equipment (wheelchairs, pxygen, etc.) ¹ 20% coinsurance Prosthetic & Orthotic Devices (braces, partificial limbs, etc.) ¹ 20% coinsurance	Hospice care must be provided by a Medicare-certified hospice program. Our plan covers hospice consultation services (one time only) before you select hospice. Hospice is covered outside of our plan. You may have to pay part of the cost for drugs and respite care. Please contact the plan for more details.	\$0 copay
Prosthetic & Orthotic Devices (braces, artificial limbs, etc.) ¹ 20% coinsurance	Medical Equipment and Supplies	
artificial limbs, etc.) ¹	Durable Medical Equipment (wheelchairs, oxygen, etc.) ¹	20% coinsurance
Medical Supplies ¹ 20% coinsurance	Prosthetic & Orthotic Devices (braces, artificial limbs, etc.) ¹	20% coinsurance
	Medical Supplies ¹	20% coinsurance

Benefit	What You Pay
	With SLMB, QI, and QDWI cost-share assistance
 Diabetic Services & Supplies Brand limitations apply to certain supplies. Blood sugar monitor/continuous glucose monitor (CGM) preferred brands include: Abbott Diabetes Care: FreeStyle Lite, FreeStyle Freedom Lite, FreeStyle Precision Neo, FreeStyle Libre 2 (CGM), FreeStyle Libre 3 (CGM), and FreeStyle Libre 14-Day (CGM) Life Scan Diabetes Care: OneTouch Ultra 2 and OneTouch Verio Flex Dexcom: Dexcom G6 (CGM) and Dexcom G7 (CGM) 	 \$0 copay for diabetes self-management training 20% coinsurance for therapeutic shoes or inserts¹ \$0 copay for diabetic monitoring supplies¹
Opioid Treatment Services ¹	
FDA-approved treatment medications in addition to testing, counseling, and therapy.	\$0 copay
Outpatient Substance Use Disorder Services	1
Individual or Group Therapy Visit	\$0 copay
MDLIVE Telehealth Services	
For non-emergency urgent care, including allergies, cough, headache, sore throat, and other minor illnesses, talk with an MDLIVE® telehealth provider via smart phone, computer, or tablet. This benefit also includes virtual mental health therapy and dermatology services.	 \$0 copay for virtual non-emergency urgent care visits \$0 copay for virtual mental health therapy visits \$0 copay for virtual dermatology care visits
Extra Benefits Included in Your Plar	
	With SLMB, QI, and QDWI cost-share assistance
Annual Physical Exam	\$0 copay
Cigna Healthy Today Card Use your preloaded Cigna Healthy Today [®] card for easy access to incentive rewards and select allowance benefits that may be part of your plan. Total incentive reward amounts depend on your plan and activities completed. Rewards cannot be used toward the purchase of tobacco, firearms, explosives, or other excluded products.	Based on your plan's allowance and frequency amounts, funds will be automatically added to your Cigna Healthy Today card. Any unused allowance balances do not carry over to the next quarter or the following plan year.

Extra Benefits Included in Your Plan	
	With SLMB, QI, and QDWI cost-share assistance
Home-Delivered Meals	\$0 copay for home-delivered meals
Limited to 14 meals per discharge from a qualifying inpatient hospital or skilled nursing facility stay (up to 3 stays per year).	
End-stage renal disease (ESRD) care management is limited to 56 meals once per year.	
Fitness & Wellness Programs	\$0 copay for membership in a health club and/or I
The Silver&Fit [®] Healthy Aging and Exercise program offers the flexibility of a fitness center membership, digital fitness tools, and I Home Fitness Kit from a variety of kit options, including a wearable fitness tracker. You can also take advantage of digital workout plans on the program's website, one-on-one Healthy Aging Coaching by phone, video, or chat, and many other digital resources through the Well-Being Club.	Home Fitness Kit
The Silver&Fit program is provided by American Specialty Health Fitness, Inc., a subsidiary of American Specialty Health Incorporated (ASH). All programs and services are not available in all areas. Silver&Fit is a trademark of ASH and used with permission herein. Kits are subject to change. Fitness center participation may vary by location and is subject to change. Non-standard services that call for an added fee are not part of the fitness program and will not be reimbursed. This information is not a complete description of benefits. Contact your health plan for more information.	

Extra Benefits Included in Your Plan	
	With SLMB, QI, and QDWI cost-share assistance
Over-the-Counter Allowance The plan includes an allowance for OTC drugs and other health-related pharmacy products such as bandages, aspirin, cold and sinus medicine, vitamins, and more. This OTC Allowance will be applied to your Cigna Healthy Today [®] card each quarter to pay for eligible items at participating retail stores. Online, phone, and mail orders are also accepted through the Cigna Healthy Today website, Service Center, and catalog. Any unused allowance balance does not carry over to the next quarter or the following plan year.	\$150 allowance every 3 months for eligible OTC items. You are responsible for all costs over and above the allowance amount.

4 | Prescription Drug Benefits

Medicare Part D Drugs

Pharmacy (Part D) Deductible

\$O deductible for those who qualify for *Extra Help*.

\$590 is the standard Part D deductible for 2025.

Most of our customers qualify for and are already getting *Extra Help* from Medicare to pay for their prescription drug plan costs.

Medicare provides *Extra Help* to pay prescription drug costs for people who have limited income and resources. Resources include your savings and stocks but not your home or car. Those who qualify get help paying for any Medicare drug plan's monthly premium, yearly deductible, and prescription costsharing. This *Extra Help* also counts toward your out-of-pocket costs.

People with limited income and resources may qualify for *Extra Help*. Some people automatically qualify for *Extra Help* and don't need to apply. Medicare mails a letter to people who automatically qualify for *Extra Help*.

If you have questions about Extra Help, call:

- > Your local Social Security office, or
- Social Security at I-800-772-1213.
 TTY users should call I-800-325-0778.

For generic drugs (including brand drugs treated as generic):

- > 25% coinsurance if you do not receive *Extra Help*, or
- > \$0 copay / \$1.60 copay / \$4.90 copay depending on your level of Extra Help

For all other drugs:

- > 25% coinsurance if you do not receive *Extra Help*, or
- > \$0 copay / \$4.80 copay / \$12.15 copay depending on your level of Extra Help

Catastrophic Coverage Stage

You qualify for the Catastrophic Coverage Stage when your out-of-pocket costs have reached the **\$2,000** limit for the calendar year. Once you are in the Catastrophic Coverage Stage, you will pay **\$0** for all covered Part D drugs through the end of the calendar year.

5 | Medicaid-covered Benefits

This section provides information for people with Original Medicare and full Medicaid coverage.

If you have questions about the assistance you get from Medicaid, contact:

Ohio Department of Medicaid I-800-324-8680 (TTY 7II) http://medicaid.ohio.gov/

If offered in Ohio, you may be eligible for the Medicaid benefits listed below in addition to the Original Medicare benefits described in this *Summary of Benefits* booklet when the services are not already covered by Original Medicare. Benefit limitations, referrals, and prior authorizations may apply.

- > Behavioral Health
- > Private Duty Nursing
- > Vision
- > Transportation
- > Professional Medical Services
- > Preventive Health
- > Prescriptions
- > Pregnancy
- > Medical Equipment
- > Inpatient hospital services
- > Outpatient hospital services
- > Healthchek (EPSDT)
- > Family Planning
- > Emergency
- > Dental

All Medicaid-covered services are subject to change at any time. For the most current Ohio Medicaid coverage information, please visit the Ohio Medicaid website at **http://medicaid.ohio.gov/**, or call the Medicaid Hotline at **I-800-324-8680 (TTY 7II).**

Benefits, features, and/or devices vary by plan/service area. Limitations, copayments, exclusions, and restrictions may apply. Contact the plan for more information.

Benefits, premiums, and/or copayments/coinsurance may change on January I of each year. You must continue to pay your Medicare Part B premium. Individuals may enroll in a plan only during specific times of the year and must have Medicare Parts A and B.

Cigna TotalCare plans are available to anyone who has Medicare and partial Medical Assistance from the state (Medicaid). Cigna TotalCare Plus plans are available to anyone who has Medicare and full Medical Assistance from the state (Medicaid). Premiums, copays, coinsurance, and deductibles may vary based on the level of Medicaid and *Extra Help* you receive. Contact the plan for the availability of these services.

Out-of-network/non-contracted providers are under no obligation to treat plan members except in emergency situations. Please call our Customer Service number or see your *Evidence of Coverage* for more information, including the cost-sharing that applies to out-of-network services.

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To file a marketing complaint, contact Cigna Healthcare at the Customer Service number below, or call **I-800-MEDICARE** (24 hours a day/7 days a week). Please include the agent/broker name if possible.

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