



# Ready to start using your Cigna Healthy Today card?

Here's how in three simple steps.

## 1 Understand your card.

Your **Cigna Healthy Today**® card makes it easy to access your incentive rewards and allowance benefits all in one place.



### Incentive rewards

- Your card is loaded with the funds you earn from our incentive rewards program **throughout the year**.
- You'll earn rewards for completing healthy activities, such as your yearly health check-up, preventive screenings and more.
- Funds are loaded when they're earned and **expire on December 31**.
- Visit [myCigna.com](https://myCigna.com)® and select View Incentives under the Wellness tab for more details on this program.



### Allowance benefits

- Your card is loaded with **quarterly** allowance benefits that are part of your plan.
- Your allowance benefits depend on the plan you're enrolled in.
- Funds are loaded on the first day of each quarter and **expire on the last day of each quarter** (January–March, April–June, July–September, October–December).
- Review your *Evidence of Coverage (EOC)* for plan details.

## Need some help getting started?

Call the Cigna Healthy Today Service Center at  
1-866-851-1579 (TTY 711), 8 a.m. – 11 p.m. EST, Monday – Friday.



## 2 Sign up for your CignaHealthyToday.com account to access your benefits.

### Here's the information you'll be asked for:

- Your name, state and date of birth.
- Your Cigna Healthcare<sup>SM</sup> customer ID number (can be found on your ID card). If your ID includes special characters, such as hyphens or asterisks, you should only input the numbers.

### Once you log in, you'll be able to:

- View your earned incentive rewards and select allowance benefits.
- Shop online on this site or find participating in-store retailers.
- View your balance and transactions.
- Find eligible health and wellness products by searching for a product name or UPC number or by scanning a product barcode with your smartphone or tablet camera.

### New for 2025

Purchase eligible health and wellness products online at [Walgreens.com](https://www.walgreens.com) for pickup, same day delivery or ship to your home. Enter your card number at checkout.

*Another form of payment may apply for additional fees that include shipping, bottle deposits or bags (state specific).*

## 3 Start using your card.

Once you've earned incentive rewards, you can use your card to pay for eligible health and wellness products. You can start using your allowance benefits as they are loaded onto your card each quarter. Use your benefit funds at participating in-store locations or online\* at [CignaHealthyToday.com](https://www.CignaHealthyToday.com) and [Walgreens.com](https://www.Walgreens.com).

### Here are a few tips.



Your card is pre-activated and ready to use, so keep it in a safe, easy-to-access place. We'll load funds to your card throughout the year.



If the cost of a service or an item exceeds your available balance, you may be asked for an additional form of payment, or funds may be drawn from any incentive rewards you've earned.



Your card may be declined if you've exceeded your available funds; you're trying to buy ineligible items,\*\* you're shopping at nonparticipating retailers; you're trying to get cash back; or you've entered a personal identification number (PIN).



Your card doesn't have a PIN. When paying through a card machine, be sure to select the credit option to bypass entering a PIN.



If you lose your card, please call us at the phone number listed on the first page. We'll send you a new card right away.

\*Online shopping option only offered at CignaHealthyToday.com and Walgreens.com. \*\* You cannot use your card to buy tobacco, firearms, explosives, alcohol or other excluded products. Limitations, copayments, exclusions and restrictions may apply. Individuals must live in the plan service area. Benefits vary by plan. Prior authorization and/or referrals are required for certain services. Cigna Healthcare products and services are provided exclusively by or through operating subsidiaries of The Cigna Group. The Cigna names, logos, and marks, including THE CIGNA GROUP and CIGNA HEALTHCARE, are owned by Cigna Intellectual Property, Inc.