

ZERO IN ON REWARDS



Beginning in January 2022, all Cigna Individual and Family active medical plan policy holders, over age 18, are invited to participate in an exclusive program, Take Control RewardsSM. This program is designed to help you make the most of your health plan and earn rewards to help you save money. Learn why you should join the program to start earning!

First, earn points - up to \$275 worth!

Watch informative videos, read helpful information, and complete other simple activities to earn points you can redeem for great rewards or for a Reloadable Reward Card, which could be used toward healthcare costs. It's another way Cigna helps make your healthcare more affordable.

Here are a few ways you can earn points:

- **Create a myCigna[®] account.**
Discover tools that can help you manage your health and spending.
- **Get to know your primary care provider (PCP).**
Your PCP will answer questions and help you understand your health.
- **Take advantage of preventive care.**
Preventive care gives you a clear picture of your health.

Current customers in FL, MO, TN, VA:

- Go to [TakeControlRewards.com](https://www.TakeControlRewards.com) to register for the program through December 2021.

All customers starting January 2022:

- Watch your inbox or mailbox for the exclusive invitation to sign up.

Then, redeem your points.

Choose from thousands of rewards in categories like: health and fitness items, sporting goods, entertainment, electronics, apparel and so much more.* Here are a few popular rewards:

- **Roku Express Streaming Player**
Enjoy high-definition streaming of your favorite TV shows, movies, sports, music and more.
- **Fitbit - Charge 4 Activity Tracker**
Pursue your fitness goals with an activity tracker that covers all the bases.
- **COSTCO 1-year Membership Certificate**
Save on brand-name products for one year at any Costco location, and online at Costco.com.
- **Debit Card**
Redeem your points for a Reloadable Reward Card which can help make healthcare costs more affordable.

To learn more, contact:

Together, all the way.[®]



Insured by Cigna Health and Life Insurance Company, Cigna HealthCare of Arizona, Inc., Cigna HealthCare of Georgia, Inc., Cigna HealthCare of Illinois, Inc. or Cigna HealthCare of North Carolina, Inc.

Cigna Take Control RewardsSM program is only available to primary active policy holders who are 18 years or older. Dependents are not eligible to participate in the program.

*All rewards may be considered taxable income. Contact your personal tax advisor for details. Program participation along with redeeming rewards is dependent on qualifying premiums being current and fully paid.

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